

# My 2025 federal election plan for voting by mail



My federal election plan helps me plan how to vote in the federal election.

My name

Federal elections occur about every three years.

The date for this federal election is **Saturday 3 May 2025**.

## This plan to vote was completed by

Me

A family member

My support person

A friend

Other

## My electorate

Before I vote, it helps to know what **electorate** I am in.



An electorate is the area represented by one member of Parliament.

## I can find my electorate by visiting the AEC website


Find my electorate →  
[electorate.aec.gov.au](https://electorate.aec.gov.au)



My electorate is

# Learning about the candidates who will represent me

Before I vote it is important to learn about the **candidates** I want to represent me.

 A candidate is someone who wants to be part of the Parliament.

## I can learn about the candidates by

Talking with the people I trust. For example, family members, friends, people in social groups or learning groups that I am part of or a support person.

The people  
I can talk  
with are

I can look at trusted news sources to get information. This may be things like, watching the news on the TV, reading a newspaper or looking at the candidate's website.

## Applying to vote by mail

If I can't vote in a polling place I can still vote. I can get my ballot papers through the mail. This is called a postal vote.

I will be doing  
a postal vote  
because:

I can apply for a postal vote now that the election has been announced. To receive a postal vote, I must apply by filling out a postal vote application.

I can do this by filling out an online application at [www.aec.gov.au/pva](http://www.aec.gov.au/pva)

**OR** I can pick up a postal vote application form from an AEC office.

I can apply now, to make sure I get my ballot papers in time to vote.

## How to vote by mail

I need to follow the instructions in my postal vote pack.

## Someone who can help me is

Name

My ballot papers must be received by the AEC by **Friday 16 May 2025** so they can be counted.

I need to post them as soon as possible after I have completed them.

## To help me vote by mail, I can look at this Social story

### Social Story →

PDF booklet

[www.aec.gov.au/assistance/files/Voting-by-mail-social-story.pdf](http://www.aec.gov.au/assistance/files/Voting-by-mail-social-story.pdf)



### Social Story →

video

[www.youtube.com/watch?v=JmDi1skcl1A](https://www.youtube.com/watch?v=JmDi1skcl1A)



## My plan

My electorate is

Apply for my postal vote  Online **OR**  AEC office

Make sure I have this information to help me fill out my postal vote application:

My full name

The date I was born

My address

Where I want my ballot papers to be sent

My phone number and email address (if I have one)

Pen and paper to record my answer to the secret question I choose

Research my candidates to find out who I want to represent me.

The person who will help me complete my application and vote is:

Make sure I have this to help me fill out my postal vote:

A witness who is on the electoral roll to make sure I fill out my own ballot papers

The answer I chose to the secret question

Fill out my postal vote when I receive my ballot papers

Mail my postal vote as soon as I have completed it

## After I vote

I can watch the election coverage on the TV and talk about the results with a family member, my support person or a friend.

I can also talk about what it was like to vote.

# More information

If I want more information on voting in a polling place, I can follow the links below and look at my voting options.

## AEC accessible website →

Information for people with disability or mobility restrictions

[www.aec.gov.au/assistance](http://www.aec.gov.au/assistance)



## Check my enrolment →

[check.aec.gov.au](http://check.aec.gov.au)



## Find my electorate →

Check your area for voting

[electorate.aec.gov.au](http://electorate.aec.gov.au)



## Practise Voting Tool →

Practise voting with Senate and House of Representatives ballot papers

[www.aec.gov.au/Voting/How\\_to\\_vote/practice](http://www.aec.gov.au/Voting/How_to_vote/practice)



## Accessible education page →

Learn all about federal elections

[www.aec.gov.au/community/accessible-education.htm](http://www.aec.gov.au/community/accessible-education.htm)



## Voting in a federal election by mail →

Social Story PDF booklet

[www.aec.gov.au/assistance/files/Voting-by-mail-social-story.pdf](http://www.aec.gov.au/assistance/files/Voting-by-mail-social-story.pdf)



## Voting in a federal election by mail →

Social Story video

[www.youtube.com/watch?v=JmDi1skcl1A](http://www.youtube.com/watch?v=JmDi1skcl1A)



## Australian Electoral Commission →

For general information you can go to the website

[www.aec.gov.au](http://www.aec.gov.au)



**Phone – between 9am and 5pm 13 23 26**

[aec.gov.au](http://aec.gov.au) 13 23 26

